**Compiled January 2020 by Jen Whitlock, LPC**

**Gender Specialist at True Colors Center for Creative Therapy, LLC**

Virtual office in NJ and PA **◎** 526 Northampton St., Easton, PA 18042

Jen@JenWhitlock.com **◎** 973.222.3750

**Professionals Who Provide Gender Affirming Hormone Therapy**

**New Jersey**

**Babs Siperstein PROUD Center**

128 Rehill Avenue

**Somerville**, NJ 08876

PHONE: 855.PROUD-FH (855.776.8334) fax: 908.704.2737

EMAIL: [danielle.king@rwjbh.org](mailto:danielle.king@rwjbh.org)

<https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/>

Hormone therapy and monitoring for adults. Primary medical care for children and adults.

Medicaid, Medicare and most major insurances accepted. Ages 18 and up.

Informed consent model (letter usually not needed.). Onsite pharmacy.

For support group, call Nicole Brownstein at 732-740-3971, Jackie Baras at 908-595-2376.

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Dana Delgardo, FNP

**CAN Community Health**

3155 NJ State Route 10, Suite #204  
**Denville, NJ** 07834

PHONE: 973.370.3130

WEBSITE: <http://www.cancommunityhealth.org/denville/>

Dana Delgardo is a Family Nurse Practitioner and a transgender man who provides LGBTQ+ primary care, hormone therapy and HIV services. He works with all populations and takes Medicaid andMedicare. The center is affiliated with Edge Pride Center in Morris Plains, which offers behavior health, support groups and case management.

Ian Marshall, MD

##### **Child Health Institute of New Jersey** (affiliated with Robert Wood Johnson University Hospital),

##### Department of Pediatrics/Endocrinology Dept.

###### 89 French Street, 2nd Floor

###### **New Brunswick**, NJ 08901

###### PHONE: 732.235.9378,  fax 732.235.5002

EMAIL: [marshaia@rwjms.rutgers.edu](mailto:marshaia@rwjms.rutgers.edu)

Puberty blockers and hormones. In network with Horizon, BCBS, Aetna, Cigna. Age up to late 20s.

Daisy Chin, MD Kanhere Mansi Mukund, MD

Kanika Shanker, MD Laurie Ebner-Lyon, PNP

**Goryeb Children’s Hospital, Atlantic Healthcare**

Morristown Medical Center Overlook Medical Center

100 Madison Avenue MAC II Building, Suite 230, 11 Overlook Road

**Morristown**, **NJ** 07962 **Summit**, **NJ**, 07901

PHONE: 973.971.4340 PHONE: 908.522.6619

fax: 973.290.7367   fax: 973.898.1604

EMAIL: [daisy.chin@atlantichealth.org](mailto:daisy.chin@atlantichealth.org)

Hospital pediatric endocrinologist prescribes puberty blockers and cross hormones.

Accepts several **insurances**.

**Age up to 18 years old**. Therapists notes or letter helpful. Takes many insurances.

**Hackensack Meridian Health**

<https://www.hackensackmeridianhealth.org/about/community/lgbtq-health-wellness-resources/>

No patient reviews yet.

Diane Bruessow, PA-C, MPAS, DFAAPA

**Healthy Transitions, LLC**

50 Church St, Ste L4, **Montclair, NJ** 07042

PHONE & fax: 908.647.1688

EMAIL: i[nfo@healthtransitionsllc.org](mailto:info@healthtransitionsllc.org) WEBSITE: <http://healthytransitionsllc.org/>

Hormone therapy, puberty blockers. Offices in NJ and NY and virtual visits. Takes some insurance. **Ages 12 and up**.

Sameer Stas, MD

**Premiere Health Associates**

123 Newton Sparta Road

**Newton**, NJ 07860

PHONE: 973.579.6300, fax 973.579.1524

<https://findadoctor.atlantichealth.org/provider/Sameer+Stas/640198>

Endocrinologist in a general medical practice. Some True Colors clients complained of low hormone dosages, untimely attention to refills and non-nurturing bedside manner. Others report satisfaction.

**Takes most major insurances. N**o out of network arrangements. **Ages 16 and up**.

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SariaBentsianov MD, hormone therapy

Dalla Piazza, MD and Diana Finkel, DO Primary care

**Rutger’s Health Sciences Campus at Newark**

90 Bergen St, Suite 4600

**Newark**, NJ 07103

PHONE: 973.972.4600, fax 973.972.9966

EMAIL: [slandman@njms.rutgers.edu](mailto:slandman@njms.rutgers.edu)

Provides gender affirming hormone therapy and primary care for transgender youth.

NJ FamilyCare/Medicaid and **most insurances** are accepted.

**Ages 13 to 26**. Parental consent required under 18.

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**Rutger’s Center for Transgender Health**

Medical Science Building  
185 South Orange Avenue  
**Newark**, NJ 07103

PHONE: 732.445-info (4636)

**Rutger’s Center for Transgender Health**, continued

WEBSITE: <http://njms.rutgers.edu/centers_institutes/trans_health/services.cfm>

Offers hormone therapy, reproductive services such as egg preservation, gender affirming surgery, psychiatric services, counseling, case management and a support group. For more information about the support group, contact: Khloyei, 973.972.4259 or email: [khloyei.galloway@rutgers.edu](mailto:khloyei.galloway@rutgers.edu)

For more information about the Rutgers Center for Transgender Health, email [waldennt@njms.rutgers.edu](mailto:waldennt@njms.rutgers.edu).

Heather E. Greenberg, MD

**Summit Medical Group's Endocrinology team**

95 Madison Avenue, Floor B

**Morristown**, NJ 07960

PHONE: 973.775.5115 fax 973.285.7617

WEBSITE: <https://www.summitmedicalgroup.com/doctor/hgreenberg/>

Many insurances accepted. For pricing, call 908-790-6500 or email [estimates@smgnj.com](mailto:estimates@smgnj.com?subject=Insurance%20Estimate).

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Michelle Dalla Piazza, MD

**University Hospital, Newark, NJ**

140 Bergen Street, D Level  
**Newark,** NJ 07103

PHONE: 973.972.5111  
WEBSITE: <http://www.uhnj.org/inclusion/health_resources.htm>

Gender-affirming hormone therapy, gender-affirming primary care, HIV and sexually-transmitted infection prevention and treatment, including pre- and post-exposure prophylaxis for HIV (PrEP and PEP)

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**Thomas S. Ziering, MD, LLC**

The Jockey Hollow Professional Building (Upper Level)  
1201 Mt. Kemble Avenue (Route 202), Suite 2D,  
**Morristown**, NJ 07960

PHONE: 908.221.1919 fax 908.221.0404

EMAIL: [info@drtomziering.com](mailto:info@drtomziering.com) WEBSITE: <https://www.drtomziering.com/>

A family practice, offers “a relaxed haven for transitional healthcare, hormone therapy and the LGBTQI Community” Although the office is considered ‘Out of Network’ with Insurance, the office will provide you with an insurance-ready form to enable rapid reimbursement through Out of Network benefits, if applicable.

**New York:**

**Callen Lorde Clinic**

**Dana Delgardo, APN**

356 West 18th St.

**New York**, NY 10011

212-271-7200

<http://callen-lorde.org/transhealth> [ddelgardo@callen-lorde.org](mailto:ddelgardo@callen-lorde.org)

Hormone therapy and trans-affirming primary health care, mental health counseling, and assistance in navigating housing, health benefits, and immigration issues. Uses informed consent model.

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Dr. John B. Steever, MD, pediatrics. Zil Goldstein, Program Director of Transgender Medicine and Surgery

**Mt Sinai Beth Israel**

Adolescent Health Center   
312-320 East 94th Street 226 @. 14th St, Frnt 1  
**New York, NY** 10128 New York, NY 10011

212-604-1870 – Pediatrics 212-604-1800 – Adults

[john.steever@mountsinai.org](mailto:john.steever@mountsinai.org) [zgoldstein@chpnet.org](mailto:zgoldstein@chpnet.org)

<http://www.wehealny.org/services/lgbt_health_services>

For information about LGBT programs and services, email [LGBTinfo@chpnet.org](mailto:LGBTinfo@chpnet.org)

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Michelle Calderoni, DO, Adolescent Medicine Specialist

**Crystal Run Healthcare**

155 Crystal Run Road

**Middletown, NY** 10941

Phone [845.348.1100](tel:845.348.1100). fax 845-796-5899

<https://www.crystalrunhealthcare.com/articles/how-parents-can-effectively-support-their-transgender-child-crystal-run-healthcare>

<https://www.crystalrunhealthcare.com/articles/crystal-run-healthcare-welcomes-adolescent-specialist-dr-michele-e-calderoni-practice>

**Pennsylvania:**

**Allentown Women’s Center**

31 South Commerce Way, Suite 100

**Bethlehem, PA** 18017

484-821-0821

<https://www.allentownwomenscenter.com/trans-health/>

James N. Anasti, MD

**Saint Luke’s Hospital**

801 Ostrum Street

**Bethlehem**, PA  18015

484-526-4670

<https://findadoctor.slhn.org/details/624/james-anasti-gynecology-obstetrics_and_gynecology-reproductive_endocrinology-bethlehem>

Achilles Papersenos, MD, Ayesha Parvez, MD, Erin Saltzman, MD, FACE

**Bucks Thyroid and Endocrine Care**

301 Oxford Valley Road, Suite 1803A

**Yardley**, PA 19067

267-274-5050

<https://www.bucksthyroidcare.com/>

**Children’s Hospital of Philadelphia (CHOP)**

**Gender and Sexuality Development Clinic**

34th St and Civic Center Blvd

**Philadelphia,** PA 19104

PHONE: 215-426-5980

EMAIL: [genderclinic@email.chop.edu](mailto:genderclinic@email.chop.edu)

WEBSITE: <https://www.chop.edu/centers-programs/gender-and-sexuality-development-clinic>

Menstrual suppression, hormone therapy for youth up to age 21. Offers comprehensive gender assessment, gender affirming medical care, support groups, insurance advocacy, legal support and lending library.

Leslie A. Colip, MD

**Lehigh Valley Health Network (LVHN)**

https://www.lvhn.org/find\_a\_doctor/profile/8789

Laurissa L. Kashmer, MD

**Lehigh Valley Physicians Group (LVPG) Pediatric Endocrinology**

401 N. 17th Street, Suite 203

**Allentown**, PA 18104-5050

PHONE: 610-969-3230

**Mazzoni Center**

1348 Bainbridge Street

**Philadelphia**, PA 19147

PHONE: 215-563-0652

WEBSITE: <https://www.mazzonicenter.org/health-care/trans-care/trans-clinical-care-services>

Hormone therapy, laser hair removal. Uses informed consent model. Their Adolescent Drop-In program offers young people 14 to 24 free access to medical care and social services. Elaine Dutton, Trans Services Manager, at 215-563-0658 x 320 or [edutton@mazzonicenter.org](mailto:edutton@mazzonicenter.org).

Christine McGinn

**Papillon Center**

18 Village Row, Suite 43. Logan Square, Lower York Road

**New Hope**, PA 18938

PHONE: (202) 215-693-1199

WEBSITE: <http://www.drchristinemcginn.com/>

Offers hormone therapy, surgery, electrolysis, voice therapy, counseling.